Self-Promotion Wheel

Patience      The Best you can
The Best you can
Be

Passion/Enthusiasm
For your work

Relationships
with others

Taking
Initiative

Self
Confidence

Understanding what
stops you

Determination

Directions:

Seeing the center of the wheel as 0 and the outer edge as 10, rank your level of
satisfaction with each area by drawing a curved line to create a new outer edge.
Give each pie the applicable number value as well. The new perimeter of the
circle represents your wheel.

Name:______________________________

Dated ____________________________

Coaching for Change
Irene Leonard CPPC, PCC.
Lawyer and Professional Development Coach
(206) 723 – 9900
www.CoachingForChange.com